

# Winooski Coalition for a Safe and Peaceful Community

WHAT: Dessert and Learn Series

WHEN: Mondays 6:30-7:30 pm

May 17<sup>th</sup>, 2010-July 12<sup>th</sup>, 2010

WHERE: O'Brien Community Center

32 Malletts Bay Avenue

Winooski, VT 05404

(802)655-1392 x10

Open to the Public! FREE dessert! GREAT Information!

- 5/17- Stress Management By: Barbara Pafume, VT Dept. of Health
- 5/24- Humor, Happiness, and Health By: Sr. Patricia McKittrick, Fletcher Allen Health Care
- 5/31- No Presentation (Holiday)
- 6/07- Medication Abuse Prevention By: Gayle Finkelstein, Fletcher Allen Health Care
- 6/14- Flower Arranging Made Simple By: Sally Tipson, Sally's Floral Shop
- 6/21- Tend Your Body and Your Garden By: Dr. Kevin Leveille, Cedar Wood Chiropractic
- 6/28- Internet Safety and Health By: Alan Lampson, Fletcher Allen Health Care
- 7/05- No Presentation (Holiday)
- 7/12- Healthy Desserts, Healthy Lifestyle By: YMCA