

Winooski Coalition for a Safe and Peaceful Community

WHAT: Lunch and Learn Series

WHEN: Wednesdays 12-1 pm

March 3rd, 2010-April 21st, 2010

WHERE: O'Brien Community Center

32 Malletts Bay Avenue
Winooski, VT 05404

(802)655-1392 x10

Open to the Public! FREE lunch! GREAT Information!

- 3/03- Personal, Auto, and Home Safety By: Scott McGivern, Winooski Police Dept
- 3/10- Adequate Health Insurance at a Lesser Cost By: Anne Slattery, FAHC
- 3/17- Weight Loss though Weight Training By: Kevin Hatin, YMCA
- 3/24- Renaissance Women Writers By: Kate Nugent, WCSPC
- 3/31- Talking With Your Kids About Difficult Subjects By: Paula Duncan, FAHC
- 4/07- Financial Planning in Difficult Times By: Jane King, Opportunities Credit Union
- 4/14- Stretching Exercises while you Work By: Barbara Liberty, FAHC
- 4/21- Energy Efficiency By: Jenn Wood, Vermont Works for Women

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