

# Parks and Recreation Community Guide

## Winooski Parks and Recreation Mission Statement

Promoting lifelong wellness and enriching the lives of community members by developing high quality and affordable programs, activities, and events while maintaining facilities and open spaces for public use.

Check us out at:  
[www.onioncity.com](http://www.onioncity.com)

## 2007

### Parks and Recreation Advisory Board

- Marie Trainque
- Caroline Bergeron
- Annelise Johnson
- Andrew Wolf
- Sue O'Brien
- Karen Lapan
- Brian Latulippe
- Bruce Wilson

### Parks and Recreation Contact Information

Director, Robert A. DiMasi  
27 West Allen Street  
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[badimasi@onioncity.com](mailto:badimasi@onioncity.com)



Youths from the Summer Youth Food and Enrichment Program listen intently as their counselor reads to them.

**Parks and Recreation promotes a drug free environment!**

Included in this Community Guide you will find information about...



- Programs, activities, and events
- Community Groups
- Community Spaces
- All the City's parks



We are always looking for input from community members, please contact us!

## Seasonal Programs

**Summer Youth Food and Enrichment Program:** The Summer Program is a free summer day camp for youths ages 6-14. It is held for nine weeks during the summer from the end of June to the end of August at two sites, Landry Park and the Winooski Family Center at Elm Street. Each day, summer counselors engage an average of 65 youths with swimming, field trips, art projects, games, sports, gardening and more. Five days a week a free breakfast and lunch are served at the two program sites and at the school. Youths between the ages of 0-18 do not have to be participants in the Summer Program to receive free meals.



**Youths in the Summer Program enjoying lunch in the garden.**

**Community Garden:** Plots are located at Landry Park behind the municipal pool. Small or large plots can be rented by community members for a small fee (Parks and Recreation is always willing to work with community members who cannot afford the fee). Community gardeners receive free access to water, tools, compost, plants grown in the greenhouse, workshops, and are invited to workdays and picnics. All plots at Landry Park are organic.

**Kids First!:** This afterschool program is sponsored by the Winooski School District, the PTO, and Parks and Recreation. Kids First! is for youths in grades K-8. Programs are offered one day a week, Tuesday, Wednesday, or Thursday from 3-4pm in 4-6 week sessions. Youths can sign up for up to 3 programs at no cost. Programs in the past have included yoga, playground time, knitting, and homework help. For more information check out the school's website, [www.winooski.k12.vt.us](http://www.winooski.k12.vt.us) or 655-6426.

**Winooski Youth Soccer:** Sign ups start mid-August, season runs through October. For youths in grades K-5

**Winooski Youth Basketball:** Sign ups start in November, season runs through February. For youths in grades 1-5



**Youth Basketball Team 2006**

**ball:** Sign ups start mid-August. For youths in grades 2-4 (flag football) and youths in grades 5-8.

**Swim Team:** Registration starts in April, season runs through August. For youths in grades 1-8.

**Winooski Youth Baseball:** Sign ups start in March. For youths of all ages. Contact for youth baseball is Jeff Brosseau 655-3556.

**Girls Adventure Club:** The Girls Adventure Club (GAC) was offered during the 2006 Summer Youth Enrichment Program through a grant from the Vermont Women's Fund. This six week program included mask making, martial arts, horseback riding, and Girls on the Run. It was open to 13 girls in grades 5-8 and was free for all participants. Check out the Girls Adventure Club on the Parks and Recreation web page and look for it next summer.

**Winooski Farmers' Market:** The Winooski Farmers' Market is held Thursdays from 3:30-6:30pm in front of the Champlain Mill. The market runs from June-October. Check the website or call Parks and Recreation for exact dates.



**Farmer Sue at the 2006 Market**

**Veggie Town:** This Teen Advisory Board initiative, started in 2006 by Parks and Recreation and Casey Family Services, addresses issues of hunger and access to fresh, nutritious food in Winooski. The five teens hired in 2006

**2006 Veggie Town Team**

worked at the Veggie Town garden located at Landry Park; donated produce to the local organizations; ran a stand at the Winooski Farmers' Market; participated in job and financial training workshops; attended field trips; worked with youths in the Summer Program; and attended community events.



**Family Movement Time:** Open playtime for families from 6-7:15pm in the School Gym. Youths should be accompanied by an adult.

**Adult Basketball:** Open to all adults from 7:15-9pm in the School Gym.

**Adult Volleyball:** Open to all adults from 6-9pm in the School Cafeteria.

**Adult Classes:** We offer a variety of classes for adults. Check the website or monthly update for class offerings. We always welcome input!

**Winooski Community Potlucks:** Monthly Community Potlucks have been offered in Winooski for the past three years. They are put on by Parks and Recreation and the Winooski Network. Community members are asked to bring a dish to share if they can. Potlucks are held the third Thursday of every month from 6-8pm at the school cafeteria. Rides are offered to residents who need one, and volunteers are always needed! Join our mailing list for a monthly reminder!

## Community Events

**Winooski Girls Day:** Girls Day is held on a Saturday in April from 9am-2pm at the Winooski Senior Center. It is "A day for girls and the women in their lives" and is free and open to girls and women of all ages. Girls Day includes a wide variety of activities and presentations such as carpentry, martial arts, belly dancing, puppet shows, and Native American drumming. Lunch is offered as well as craft tables, free massages, a raffle, t-shirts, and hair styling.



Girls Day 2006

**Egg Hunt:** The Egg Hunt is held the Saturday before Easter at Landry Park. It is for youths of all ages and their families. Youths are invited to spend the morning hunting for eggs and have the chance to win a prize.

**Green Up Day:** Join your neighbors in cleaning up Winooski the first Saturday in May. Green Up Day is a state-wide event, with local projects.

**Winooski Day:** This community picnic and celebration is held every August at Landry Park. It is a time for community members to come together to celebrate the end of summer, the end of another Summer Youth Enrichment Program, and the beginning of a new school year. Winooski Day is generally held on a Thursday, the day before the Summer Program ends and includes music, games, activities and a barbecue.

**Annual Fishing Derby and Clinic:** This family event is held at Gilbrook Natural Area every May. A fishing clinic in the morning is followed by a derby in the afternoon with the chance to win prizes.

## Community Groups

**Parks and Recreation Advisory Board:** The Advisory Board meets the first Tuesday of every month from 6-8pm at Winooski City Hall to provide input to the Parks and Recreation Director on many topics including park rules, programs, events, and policy. Winooski residents are welcome to join the Advisory Board at any time, just contact Bob Di-Masi 655-6426.

**The Teen Advisory Board (TAB):** TAB is a teen group that meets in room 211 in the High School with the goal of "Giving teens a voice, so they can have a choice." Every Tuesday, from 11:30-12pm, teens meet with their advisors to discuss ways in which youths can get involved in their community in positive and valuable ways.

**Nurturing Parenting Programs:** Nurturing Programs are an educational program through Prevent Child Abuse Vermont. They include the whole family - parents and children. Families participate in the 2 ½ hour fun and educational sessions that meet weekly for 13-15 weeks. At each session of the Nurturing Program adults and children take part in separate, age-appropriate activities as well as share dinner and family nurturing time. Parks and Recreation hosts Nurturing Parenting Programs throughout the year.

**The Winooski Network:** The Winooski Network, established in 1997, is an active, collaborative group working to promote a healthy and strong community through community organizing and citizen involvement. The Network is made up of local residents, business people, and representatives of local and State agencies, including Winooski Parks & Recreation Department, Winooski School District, Winooski Family Center, Winooski Housing Authority, Winooski Public Library, Winooski Police Department, Winooski Family Health, Winooski Community Justice Center, Vermont Department of Children and Families, Vermont Department of Health, Casey Family Services, Vermont Campaign to End Childhood Hunger and Fletcher Allen Health Ministries. Network meets the third Wednesday of every month from 3:30-5pm at Our Lady of Providence Convent. Spring Street).

**Winooski Coalition for a Safe and Peaceful Community (WSCPC):** WSCPC is a Winooski Network initiative. The coalition's goal is to increase grassroots, neighborhood-based involvement of individuals, especially youth, in efforts to make fundamental improvements in the way that children are valued and how they participate in the community. By doing this we hope to address violent behavior and substance abuse issues. We recognize that violence is a community problem and the best solutions to violence rest in the hands of a mobilized community that is prepared to define the problem and to develop and enact solutions. WSCPC meets monthly at the school, for information and/or meeting times contact the Coalition coordinators Erin Buckwalter 655-6410 x31 or Julia Jackson 655-6410 x13.



Flowers grown at Veggie Town in 2006

## Parks and Community Spaces

### Landry Park

**Where:** Pine Street

**What does it offer:** Skate park, outdoor ice skating, municipal pool. Community Garden plots, Youth Garden, Veggie Town garden, playground, several playing fields, picnic tables, and a walking path. Several community events and programs take place at Landry Park such as the Summer Youth Enrichment Program, the Winooski Day celebration, and various youth and adult sports games.

### West Allen Street Park

**Where:** West Allen Street, 2 blocks off Main Street

**What does it offer:** Picnic tables, a playground, basketball hoops, and green space

### Gilbrook Natural Area

**Where:** Winooski's Northeast Corner

**What does it offer:** Gilbrook is a 42 acre natural area with ponds, wetlands, and forest. Over a mile of interconnected walking trails are available at Gilbrook for walkers, hikers, joggers, dog walkers (please keep your dog on a leash and clean up after your pet), and mountain bikers. Several benches, a bird watching platform, and a small dock are also available. Foxes, beavers, and several species of birds can be seen at this unique natural area.

### Richards Park

**Where:** LaFountain Street

**What does it offer:** Open green space, a small gazebo, trees for shade

### Myers Municipal Pool

**Where:** Pine Street

**What does it offer:** Community swimming at an affordable price June through August .

### Winooski Senior Center

**Where:** 123 Barlow Street.

**What does it offer:** "Meals on Wheels", Bingo, exercise classes, occasional workshops and clinics on issues pertinent to senior citizens.

### The Underground Teen Center

**Where:** The first floor of the Champlain Mill. It is open to high school aged youths Tuesday and Thursday from 5-9pm and Friday from 5-11pm.

**What does it offer:** Computers, karaoke, music, comfortable couches, a 55" television, a pool table and air hockey. A monthly calendar of events is available and includes activities such as graffiti night, culture club, coffeehouse night,

A guide to Winooski parks is available at City Hall or at [www.onioncity.com](http://www.onioncity.com)

## Map of Winooski and Contact Information



CITY OF  
WINOOSKI, VERMONT



LOCAL STREET MAP  
JULY 2002



1" = 700'

#### LEGEND

- 1 WASTEWATER TREATMENT
- 2 MYERS MEMORIAL POOL
- 3 CITY HALL & POLICE DEPT.
- 4 FIRE HOUSE
- 5 MEMORIAL LIBRARY
- 6 SENIOR CITIZEN CENTER
- 7 OLD STONE HOUSE
- 8 WINOOSKI SCHOOLS
- 9 PUBLIC WORKS GARAGE
- 0 WTP HYDRO PROJECT

### Winooski City Hall

- 655-6410

### Fire/Police Emergencies

- 911

### Parks and Recreation

- 655-6426

### The Underground

- 655-6940

### Winooski Senior Center

- 655-6425

### Memorial Library

- 655-6424

### Housing Authority

- 655-2360

### Winooski School District

- 655-3530

### Myers Municipal Pool

- 655-2100

### Winooski Family Center

- 655-1422

### Fletcher Allen

- 847-2278

- [www.fletcherallen.org](http://www.fletcherallen.org)